**Parenting ScoreSheet**

Which area is a current strength?

What one area do I most need to focus on improving?

What is one actionable thing I can do when I go home to better protect my child?

Who can I ask to walk with me through this process?

**Recommended resources for parental monitoring/filtering:**

**Apple**: https://support.apple.com/en-us/HT201304

**Qustodio**: Qustodio.com

**Kaspersky**: Usa.kaspersky.com

**Net Nanny**: NetNanny.com

**Norton**: Family.norton.com

**Google**: families.google/familylink/

**Circle**: MeetCircle.com

**Tips for Monitoring Your Child Online**

https://www.techradar.com/features/how-to-monitor-your-childs-online-activities

**Tips for Setting Boundaries**

https://redrivercounseling.net/blog/2021/4/12/how-to-set-tech-boundaries-for-your-kids

**Earning Your Child’s Trust**

https://redrivercounseling.net/blog/2021/2/15/you-can-tell-me-anything-earning-your-childs-trust

**For More Articles on Parenting**

https://redrivercounseling.net/blog/category/Relationship+with+Kids

**Warning Signs**

https://redrivercounseling.net/warning-signs

**Local Referrals**

https://redrivercounseling.net/local